

USEFUL CONTACTS

Local Council & Services

Mayor of Camelford	Andy Shaw	01840 212880
Town Clerk	Lee Dunkley	01840 212880
Camelford Hall Chairman	John Pearce	01840 212665
Camelford Hall Bookings	Wayne Corner	01840 211114
Cornwall Councillor	Rob Rotchell	01840 211026
Member of Parliament	Dan Rogerson MP	01566 777123
Cornwall Council	One Stop Shops	0300 1234 100
Camelford Police Station	Camelford Neighbourhood Team	01840 213709
Police	Non emergency 24 hours	101
Neighbourhood Watch	Chair Julie Dowton	01840 212694
SITA Recycling Centre	Bowthick Quarry, Trewarmett	01840 770778

Doctors :

Camelford Surgery	Drs Nash and Uglow	01840 213894
Camelford Surgery	Dr Garrod	01840 213893
St John Ambulance	Wendy Jones	01840 212190

Churches :

Methodist Church	Revd Stephen Caddick	01840 214624
Church of England	Revd Peter Dixon	01208 852022
Roman Catholic Church	Father Bryan Storey	01840 770663
Souls Harbour	Revd David Flanders	01840 212620
Celebration Church	Joan Keating	01840 212602
Christian Spiritualist Church	Linda Taylor	01840 213058

 Camelford Youth Club
 Guides/Brownies/Rainbows
 Scouts/Cubs/Beavers

Schools :

Sir James Smith's School	Head - Jon Lawrence	01840 213274
Camelford Primary School	Head - Mr S Bishop	01840 212376
Adult Education	Dionne Peers	01840 213511
Little Acorns Nursery	Kerry Corner	01840 212114

Veterinary Surgeons :

Jonathan Holt	Inns Park	01840 212229
Penbode	Market Place	01840 213277

Camelford Town Band	Bookings Secretary Sally Rickard	01840 211777
Women's Institute	Secretary Diane Taylor	01840 213433
Residents' Association	Alan Burgis	01840 213692
Community Allotments	Lee Dunkley	01840 212880
Age Concern Pop-In	Hon Sec Jean Brown	01840 211224
Camelford Folk Dance Club	Barbara Perry	01840 212655
Royal British Legion	Cameron Valentine	01840 212524
Camelford Football Club	Secretary Hilary Kent	07798 918360
Camelford Rotary Club	Secretary Ray Jeffs	01840 212497
Camelford Floral Art Society	Programme secretary Val Bluett	01840 212157

YOUR EASTER CAMELFORDIAN



APRIL 2014

EDITORIAL

I decided it was time to have a bit of a de-clutter and suggested we start with the shed. Paul has an extensive collection of paint and emulsion tins with about an inch in each. Each one is accompanied by a jam jar with the appropriate brush, which is now stiff and unusable.

With the courtesy and affection given when saying goodbye to old friends, we loaded them into the back of the van and as Paul disappeared into the sunset I made a start on disposing on one of my collections - the cobwebs. I started at the top of the house and soon had a duster which resembled a large candyfloss. As I climbed the stepladder to retrieve the last one Paul entered through the back door, Jem ran to greet him and caught the step ladder which fell onto the emulsioned wall making a large, black mark.

Paul never said a word. I have never seen anyone looking so smug!



POLICE APPEAL

FOR THE GENERAL PUBLIC OF LANTEGLOS, CAMELFORD AND SURROUNDING TOWNS AND VILLAGES.

Between Wednesday 5th and Friday 7th March 2014 about 30 slates were taken from a property in Lanteglos. Police are appealing for anyone with any information no matter how trivial to contact them on 101 (general enquiries), 999 in an emergency, the local Police office on 01840 213709 or email Camelford@devonandcornwall.pnn.police.uk quoting crime number **BC/14/68**. This is also a reminder to all general public to continue reporting any unusual activities and to keep premises secure.

FOR THE GENERAL PUBLIC OF TINTAGEL AND SURROUNDING VILLAGES.

In the early hours on Thursday 30th January 2014 a series of burglaries occurred in Tintagel. Police are appealing for anyone with any information to come forward no matter how trivial. Please contact Launceston Police station on telephone number 101 (general enquiries) quoting crime number BC/14/38. 999 can be used in an emergency. Calls can be anonymous. This is also a reminder to all general public to continue reporting any unusual activities and to keep premises secure.

PCSO Chris Krolik 30645, Camelford Police Office ~ 01840 213709

THE CAMELFORDIAN EDITOR

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The easiest way to get copy to us is by email to
camelfordnews@gmail.com

Please be aware that all copy may be subject to editing and the decision about what is printed will be made by the Editor.

ADVERTISING

Clare Ireland, Timberlines, Dark Lane, Camelford, PL32 9UQ
Tel : 01840 213527 Email : clarenbob@btinternet.com

To place ads please contact Clare. Ideally adverts should be a third of a page, in landscape format. The charge for a year in this format is £40 for the ten annual issues of The Camelfordian. Other sizes will be charged pro rata, as will single entry adverts.

If you would like to place a **Small Ad** it will be charged at £1 per entry, for a maximum of 50 words. Please pay at the time of placing your ad.

All copy should be with The Camelfordian by 20th of the month before publication.

HON TREASURER

Aaron Scawn

Email : aaronscawn999@btinternet.com

Please visit our website

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Webmaster Bob Ireland

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BRUSH UP ON YOUR DECORATING SKILLS with Stephens Home Hardware

With spring hopefully just around the corner, now is traditionally the time to prepare for lighter, brighter days ahead. And what better way than giving your favourite rooms a fresh coat of paint.

Successful home decorating isn't difficult and it doesn't have to be a chore. In fact, the hardest part is often deciding on a colour scheme. But whether you're into minimalist white, funky bold accent colours, or safe and conservative neutral tones, you'll need the right tools for the job, so pop down to Stephens Home Hardware in CAMELFORD.

As with most DIY projects preparation is everything. Making sure that walls and woodwork are in tip-top condition before you break open the paint is well worth the effort. Dents, small cracks and holes in plasterwork can be treated with quick drying fillers, while gaps around skirtings and architraves are easily filled with decorators caulk.

Previously gloss-painted surfaces will often benefit from being lightly rubbed down with a fine grade sandpaper to provide a key for the new paint. Before painting woodwork do make sure the surfaces are free from grease, household dust and pet hair. There are many proprietary products to choose from, like sugar soap, dust sheets or masking tape, our friendly team can ensure you're fully equipped.

Good quality paint brushes are a wise investment as cheaper brushes quite often shed their bristles, which can compromise a pristine finish. Likewise, paint rollers and pads with interchangeable heads for fast colour swaps, or working with different paint types, are not just convenient and versatile; they are also a lot easier to clean and maintain. Quality brushes, rollers and pads can give years of service but only if they are thoroughly cleaned after use. Warm soapy water is perfect for



seeing off traces of emulsion and other water-based paint but oil-based paints should be cleaned in white spirit or a cleaner and rejuvenator designed to keep bristles supple.

Here are a couple of handy decorating tips. First, if you want to leave a brush or roller overnight without the bother of cleaning it, simply wrap it securely in cling-film and it will be ready for use next day. Second, try stretching a strong elastic band over a paint can from top to bottom so you can wipe excess paint from your brush on it instead of against the rim. The paint will flow back into the can instead of running down the outside!

You can get more helpful advice and guidance on choosing and using items from our extensive range of home decorating products when you visit us in store at Stephens Home Hardware (S Rickard & B Grills) T/as. We've all you need to make home decorating simple and rewarding.

Holy Week Church Services in Camelford



Palm Sunday

13 April

All the Camel Allen Churches at St Teath at 10.00 am. Holy Communion and Processing with Palms

Monday of Holy Week

Holy Communion at St Thomas' at 10.30 am

Tuesday of Holy Week

Stations of the Cross at St Thomas' joined by the Methodist Church, at 7 pm

Maundy Thursday

Holy Communion at Camelford Methodist Church at 7 pm
Holy Communion with foot washing, stripping the altars and Watch at St Thomas' Church at 7 pm

Good Friday

Good Friday meditation at Camelford Methodist Church at 11 am
A range of activities for children and young people at St Thomas' from 10 am until 12 noon
Short Service at St Thomas' at 2 pm then Walk of the Witness to Advent where a short service will be held at approximately 3 pm followed by refreshments

Easter Day

Easter Day special celebration for all ages at 11 am at the Methodist Church
Camel Allen Churches' Dawn Rise Service at St John's, Delabole at 5.30 am
Easter Communion at St Thomas' at 9.15 am
Easter Communion at St Julitta's, Lanteglos, joined by Advent Church at 11.15 am



BOOK AND CAKE SALE
 at
 Camelford Methodist Church
 Thursday 10 April,
 10 am - 12 noon
 In aid of the roof appeal

Age Concern
 Camelford & District
 Cornwall
 Reg Charity No 274217



Bus Mobile
 07980 485 238



Cherry Whitehead [Admin], Kerenza, Helstone, PL32 0RL
 Tel : 01840 213391, Email : cwhitehead59@gmail.com

PROGRAMME SHEET FOR APRIL 2014
FOR ALL RESIDENTS AND VISITORS OVER 50

DAY	Date	DESTINATION	XX	CONTACT	TEL 01840	TIME	DON	DRIVER
Tues	1	Launch of New Bus at Tintagel WI Hall, 11 am Press will be there		Cherry, for more details. Help needed on the day	213391			
Thurs	3	Launceston/Homeleigh	ST	Barbara Clutton	211011	9 am	£5	Graham
Fri	4	Exeter Westpoint	NS	Shirley petty	211142	TBA	£9.50	Brian
Tues	8	Buckfast Abbey	NS	Cherry Whitehead	213391	9 am	£10	Brian
Wed	9	Port & Starboard Lunch NB Change of Day	NS	Barbara Clutton	211011	~	£6	Graham
Thurs	10	Bude/Brooks	ST	Barbara Clutton	211011	9 am	£5	Michael
Fri	11	Blisland	NS	Peggy Molesworth	250269	9 am	£5	Deborah
Tues	15	Tavistock	NS	Liz King	261710	9 am	£7.50	Brian
Thurs	17	Wadebridge/Trelawney	ST	Lillian Marshall	250811	9 am	£5	Graham
Sun	20	Hilltop Farm 1 pm lunch	NS	Barbara Clutton	211011	~	£3	Graham
Wed	23	Dartington Crystal	NS	Margaret Rush	779085	9 am	£7.50	Brian
Thurs	24	Bodmin/Supermarkets	ST	Barbara Clutton	211011	9 am	£5	Michael
Fri	25	Kings Arms Luxulyan	NS	Peggy Molesworth	250269	9 am	£6.50	Deborah
Tues	29	Exeter [Camelford pickup]	NS	Pat Egan	938439	9 am	[£95]	Michael

XX - NS - no shopping ST - visit to supermarket and time allowed for refreshments as required
 THANK YOU for another £100 given via the purse on the Bus - your generosity is appreciated

Support the women of Malawi !



Please let Tina at the Masons have your
 unwanted bras for the women of
 Malawi



Save the Children

Hunger Lunch

Cleese Hall, Camelford

Friday 11 April

between


12 noon and 2 pm

Please do come and join us for
delicious soups,
bread and cheese

Everyone welcome !


Raffle - Bring & Buy - Cakes

All proceeds will go to fund
Save The Children's work in the UK
and around the world




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Charity Night raises funds for the foodbank

We are delighted to announce that we raised over £4,000 at our Charity Fundraiser 'Above Water' which took place on Saturday 8 March. The event was held at the Pavilion Centre at the Royal Cornwall Showground near Wadebridge and was hosted by Arthur White and included fantastic live performances by Josh Curnow and The Claze. We'd like to thank everyone involved who helped to organise this event and to Matt Durston, Creative Director at SKDA who designed and printed the tickets and posters.

Guests were served drinks on arrival donated by Tesco, and enjoyed a four-course dinner by Tinker's Catering. The evening included a charity auction, silent auction and a variety of raffle prizes. Guests had the opportunity to bid for a variety of lots donated by local businesses.

A big thank you to everyone who donated auction prizes which included a week's holiday accommodation donated by Patrick Langmaid at Mother Ivey's Bay Holiday Park. There was also a Lunch & Spa Package Voucher for two people at The Point at Polzeath & the River Spa, a meal for two at Rick Stein's, The Seafood Restaurant. A half-day candle-

making experience for four people at St Eval Candle Company, a three-course Lunch Special for Two People at Hotel Tresanton, a canteen of cutlery donated by Glanvilles of Wadebridge, a luxury half-day Spa Package & Refreshments at The Cowshed Spa, St Moritz, a meal for two from the Tasting Menu at Fifteen, Cornwall as well as a meal for four at The Beach Hut, Watergate Bay Hotel.

Jacqui White worked hard to organise the event and said "We have been overwhelmed by the generosity of local businesses donating such fantastic prizes for our annual Charity Fundraiser, the night was a great success. Thank you to everyone who came along and supported us. The money raised enables us to continue helping people in crisis in the local communities"

This month we have also received some very kind donations. We would like to thank everyone at Sharp's Brewery who generously donated a fantastic £430. This money was raised throughout the year from their 'Bake-Off's' and they have very kindly used some of the money to buy food which has been donated to our Foodbank.

Wadebridge Foodbank & Storehouse, Bridgend, Wadebridge PL27 6DA

Tel. 01208 815374

Registered Charity No. 1146404

Email: contact@wadebridgefoodbank.org Website:



FRIDAY NIGHT BINGO

now held in the Lib Dem Club from 7.30 each Friday

1st and 3rd Friday proceeds to Friends of Cornwall Air Ambulance

2nd Friday proceeds to Camelford Lights

4th Friday to Good Causes

Phone 01841 521083 for details

And don't miss the Easter Bingo at 7.30 pm on 18th April

Building work starts on the new Otterham & St Juliot Hall

The Otterham and St Juliot Hall Committee was much relieved when work finally got under way for the construction of a new Village Hall. A grant from the Big Lottery was awarded last June following which it was hoped work would start later in 2013 but due to some unfortunate delays outside the control of the Committee this date slipped considerably.

The contract for the build was awarded to Michael Vanstone Builders of Bude who hope to have the work completed within 28 weeks - maybe closer to 20 weeks given favourable weather conditions.



The new Hall is being built alongside the old one which means the facility will still be available for most of the time. Once the new Hall is completed there will be a period of about a month when the old one will be demolished and removed and a new car park constructed. During this period there will not be a Hall in use but once it opens, it should do so with a celebratory bang!

The photo, taken by Annabel Yates on 10th March shows, from left to right, David (Kit) Jordan, Chris Neep and Martin Fry

CAMELFORD AND DISTRICT OLD CORNWALL SOCIETY



22 members and friends attended this month's meeting. Our speaker was Mrs Valerie Jacobs who was housekeeper, at Trenarren, for the author and poet A.L.Rowse , during his later years.

Alfred Leslie Rowse was born in 1903 in Tregonissey. His father worked in the clay pits and his mother was a shopkeeper. It was therefore quite something at the time for someone from such an ordinary background to win a Christ Church Scholarship at Oxford. His talents were so great that he achieved a First in History and was invited to apply for a Fellowship at All Souls College. He was the youngest ever appointed as a Fellow.

As his financial situation improved he was able to buy many books for his research. Added to the extra monies from tutorials and teaching his success became apparent. In 1953 he moved to Trenarren where he lived until his death in 1997. Having amassed around ten – twelve thousand books, and with Trenarren having nearly thirty rooms and attics on the second floor it was ideal for storing all those volumes. It was clear that although he often went back to Oxford and travelled abroad his happiest times were in Cornwall.

Valerie shared some of her memories of her time spent with A.L Rowse. Her husband Brian showed us some of the slides of Trenarren and some of the beautiful objects he was able to acquire over the years. In 1968 he was made a Cornish Bard. During his lifetime he wrote 98 books. In the Queen's honours list he was awarded Companion of Honour.

A commemorative stone is situated on Black Head – almost in sight of his beloved Trenarren. There is also a plaque in Truro Cathedral. These are public tributes to a great Cornishman.

We thoroughly enjoyed Valerie and Brian's talk. They are both interesting and amusing and we thank them very much. Should anyone be interested in learning more Valerie has written a book called A.L.Rowse The Cornish Years.

Our next meeting will be on Monday 14th April at The Clease Hall, Camelford. The topic will be The Pentewan Railway and The Teatreat Train with Robert Evans. Everyone is welcome.

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CHURCHFIELD SURGERY

DOCTORS' TIMETABLES

DRS NASH AND UGLOW			
Mon	Camelford	9.00 - 11.20	Dr Nash
	Camelford	9.00 - 11.30	Dr Uglow
	St Breward	2.00 - 3.00	Dr Nash
	Delabole	3.30 - 5.30	Dr Uglow
	Camelford	4.00 - 6.00	Dr Nash
Tues	Camelford	9.00 - 11.20	Dr Nash
	St Breward	9.00 - 10.30	Dr Uglow
	Delabole	2.00 - 3.00	Dr Uglow
	Camelford	4.00 - 6.00	Dr Nash
	Camelford	4.00 - 6.00	Dr Uglow
Weds	Camelford	9.00 - 11.00	Dr Uglow
	Camelford	3.30 - 5.30	Dr Uglow
Thurs	Camelford	9.00 - 11.30	Dr Uglow
	Delabole	10.00 - 11.00	Dr Nash
	St Breward	4.00 - 5.30	Dr Uglow
	Camelford	4.00 - 6.00	Dr Nash
	Camelford	9.00 - 11.00	Dr Nash
Fri	St Breward	12.00 - 13.00	Dr Nash
	Camelford	4.00 - 6.00	Dr Nash

DR GARROD			
Mon	Camelford	9.00 - 11.00	Doctor
	Delabole	8.30 - 10.30	Dr Garrod
	St Breward	3.30 - 5.00	Dr Garrod
Tues	Camelford	9.00 - 11.00	Doctor
	Delabole	8.30 - 10.30	Dr Garrod
	Camelford	3.30 - 5.30	Dr Garrod
Weds	Delabole	8.30 - 9.30	Dr Garrod
	St Breward	11.00 - 12.00	Dr Garrod
	Camelford	3.30 - 5.30	Dr Garrod
Thurs	Camelford	8.30 - 11.00	Dr Garrod
	Delabole	3.30 - 5.00	Dr Garrod
Fri	Camelford	9.00 - 11.00	Doctor
	St Breward	8.30 - 9.30	Dr Garrod
	Camelford	3.30 - 5.30	Doctor

PRACTICE NURSES' TIMETABLES

Mon	Delabole	8.30 - 11.00	Sr Fisher	
	Camelford	1.30 - 5.30	Sr Fisher	
	Camelford	3.00 - 5.30	Sr Catchpole	
Tues	Camelford	8.30 - 11.00	Mrs Hunt*	
	Camelford	8.30 - 1.00	Sr Fisher	
	Camelford	2.00 - 3.00	Sr Catchpole	
Weds	Delabole	8.30 - 10.30	Sr Fisher**	
	Camelford	8.30 - 10.30	Mrs Hunt*	
	Camelford	8.30 - 11.30	Sr Rudd	
	Camelford	11.30 - 1.00	Sr Fisher	
	St Breward	2.00 - 5.00	Sr Fisher	
	Thurs	Delabole	8.30 - 9.45	Sr Fisher
Thurs	Camelford	8.30 - 11.00	Sr Rudd	
	St Breward	8.30 - 12.00	Sr Catchpole	
	Camelford	2.30 - 5.30	Sr Fisher	
	Fri	Camelford	8.30 - 1.00	Sr Catchpole
	Camelford	3.00 - 5.30	Sr Catchpole	

Mon	Camelford	8.30 - 11.00	P Rudd
	Delabole	9.00 - 12.00	S Hounslow
	St Breward	3.00 - 5.00	S Hounslow
Tues	Camelford	2.00 - 5.00	P Rudd
	Delabole	8.30 - 11.30	P Rudd
Weds	Camelford	09.00 - 12.00	E Garrod
		Chronic Disease Clinic	
Thur	Camelford	08.30 - 12.30	E Garrod
Fri	Camelford	11.20 - 13.00	E Garrod

PHLEBOTOMIST TIMETABLE

Mon	Camelford	08.30 - 11.00	W Moran
Weds	Delabole	09.00 - 10.00	W Moran
	St Breward	11.00 - 13.00	W Moran
Thurs	Camelford	08.30 - 12.30	W Moran
Fri	Camelford	08.30 - 11.00	W Moran

* Mrs Hunt - bloods only

** Sister Fisher will be running a Spirometry clinic at Delabole on Wednesdays from 10.00 - 10.30 ~ appointments are bookable for this procedure

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Garden stories from Cedarcroft - April

Oh joy everything is bursting forth! We have spent most of March busily pricking out and potting on plants ready for the season and suddenly everything is shooting away and looking lovely. Some of you may remember this editorial from last year, but I think the advice is so useful at this time of year to give you ideas about what to plant together to naturally help your plants grow. Also remember we have a beautiful show garden at Cedarcroft, free to come and see to give you even more ideas.

The Jobs

Plant out seed potatoes if you haven't done so already. Direct sow carrots, beetroot, spinach, lettuce and other salad leaves. Pot up dahlia tubers in large containers and keep them moist, somewhere light and frost free. Divide herbs, dig up existing plants of mint, lovage, chives and marjoram - divide them and replant. Try sowing seed in succession so as to have a constant supply of vegetable and salad and not a glut.



Creative Activity

Grow edible flowers this year. Added to your summer drinks and salads they bring colour and delicious flavour. Borage has attractive blue blooms with a mild cucumber taste, great in your pimmis! Other popular edible flowers are calendula, salad rocket flowers, and spicy radish (all lovely in salads). Dill can be sown with brassicas and allowed to flower to attract hover flies, but also make a pretty garnish with a light dill flavour. Nasturtiums are great in salads and a good companion for pumpkins and squash. Courgette flowers are delicious stuffed or dipped in light batter and then fried, of course you do then sacrifice the courgette.



Old Garden Titbits

Many plants classified as herbs contain natural chemicals that either encourage growth in other plants or protect them against pests and disease. Cabbages planted around with sage thyme or rosemary do well. Borage helps strawberries thrive. Pot marigolds secrete an insect repellent that protects many surrounding plants. Parsley encourages bees and protects asparagus, beans and carrots. That's why in the old cottage garden you would find plants, herbs or flowers all over the place. When you know the reason it makes sense. The common foxglove is often the first supposed weed to go on the bonfire when a new garden is being made or an old one is being cleared up. Just think before you do this! It stimulates the growth of plants around it and helps keep disease at bay. Rhododendrons and azaleas are said to particularly thrive when foxgloves are grown among them, and there is evidence to support this. ANON



Keep on planting, happy April from Penny and Sarah

CAMELFORD & DISTRICT BOWLING CLUB

QUIZ NIGHT AT CAMELFORD & DISTRICT BOWLING CLUB

Members of Camelford & District Bowling Club organised their annual charity quiz, with a pasty supper, at the Clubhouse on Saturday 15th March. The profits of £570 were donated to the RNLI. The photo shows Club Secretary Neill Wright, presenting a cheque for that amount to George Turpin, from the local RNLI. Photo courtesy of Geoff Risdon.



OPEN DAY FOR CLUB MEMBERS

With the end of the indoor/short mat bowling season looming ever nearer, preparations have been ongoing during the winter for the forthcoming outdoor campaign. Although there is much less work to be done on the green in the close season, greenkeeper Bob Staple has kept his eyes on the condition of the rinks and has attended to any diseases which can and do occur at any time, especially in wet and warmer conditions. Along with spraying, to counteract these events, aeration of the green is essential and despite the incredibly wet winter never has there been water standing on the surface, so drainage is excellent. Also with the mild conditions there is a good covering of grass, which augurs well for the start of the 2014 season, which brings me to a reminder to our faithful readers:

The Opening Day for club members is Saturday 12th April from 2.00 pm. Formal attire is whites and players are requested to bring a plate of food for the usual repast . . . and . . . of interest to the wider public is our Open Day, one week later, on Saturday 19th April, from 2.00 pm to 5, when the club invites anyone and everyone, young or old or inbetweeners, to come and 'have a go' at bowls. Equipment will be supplied and a cup of tea or coffee and biscuits will be available. Established players and club coaches will be in attendance for your further instruction. Please bear in mind that we are offering a first season discount membership price of £30 for the outdoor season.

If you wish to contact someone in the club try 01840 213801 (Neill Wright - Secretary), 01288 355103 (Peter Buck - Chairman) or 01840 261213 (Colin President). For short mat enquiries contact Geoff Risdon on 01840 213243.

Happy and successful bowling everyone!

TINTAGEL ORPHEUS MALE VOICE CHOIR

*Saturday, April 19th Combined Easter Concert
with 'Roscarrock Revival' in St Mabyn Parish
Church, starting at 7.30pm.*





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A Methodist Minister's View *from Bryan Ede*

It seems to me that some of the products which owe their origins to the Easter Story are now available to us all the year round. In saying this I'm thinking of chocolate cream eggs and hot cross buns. Since mid-February both of these products have been well promoted in the entrance aisles of the supermarket we visit. With the year round availability of these products and the special promotions for weeks before Easter I am left wondering whether the significance of these 'special products' gets lost in the commercialism.

I have discovered that 80 million Easter eggs are sold each year, potentially that means that the Message of Easter will be remembered at least 80 million times as the recipients share and eat their eggs. I wonder! What will come to mind for you as you eat 'hot cross buns' or a piece of an Easter Egg over the coming days?

'Hot Cross Buns' and 'Easter Eggs' are for me 'Special Products' because of their association with the events of that first Easter which is at the heart of our Christian faith and has therefore spiritual significance for all of us. Our Christian culture has evolved from that first Easter and each of us has been influenced by it consciously or unconsciously.



For me eating a 'Hot Cross Bun' is a powerful reminder of the agonising experiences of Jesus throughout the night of Maundy Thursday as he experienced trials, torture, taunting and then death by crucifixion.

Despite this he was able to pray for forgiveness for his taunters and torturers, and accept that the Way of the Cross was his destiny for our forgiveness from God; and our well being. In a unique way the Hot Cross Bun reminds us of Jesus' sacrifice on the cross and God's love for us. 'Easter Eggs' are usually gifts to us, but come as reminders of new life and new hope as we are reminded of the resurrection of Jesus and his eventual ascension to the heavenly spheres, paving a way for us. Through 'Easter Eggs' I am reminded of God's offer and gift to us of 'Life in all its fullness'. Which is why Jesus was sent among us.

It is good for all of us to think again about the real significance of Easter as we share in the holiday weekend. Easter blessings to you all.

North Cornwall National Trust Association

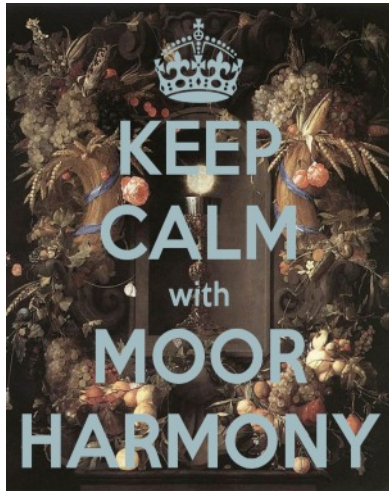
Friday 11 April
7.30 pm at Wadebridge Town Hall

KEVIN THOMAS



weatherman with Radio Cornwall, will be enlightening us about what goes on behind the weather forecast and how it is prepared. Even if you are not regular listeners to Radio Cornwall this will be a fascinating talk.

Tickets £5 for members, £6 for guests - more information from John and Barbara Hough 01840 212882



MOOR HARMONY NEWS

Moor Harmony Ladies Barbershop will be focused on honing their vocal chords in the next 2 months before they go to Nottingham to join the UK Convention of ladies barbershops choruses in May.

Moor Harmony rehearse every week in the St John's Ambulance Hall in Wadebridge starting at 7.15pm with a lively 'warm up'. The physical workout helps to relax the body and prepare to sing. It's a fun way to start our rehearsal, enjoy a stretch and bop to favourite dance tunes.

We swiftly move on to breath control exercises and tongue twisters to wake up the muscles in the face and lips. Our Acting MD Meg then calls the chorus to order to work on our new songs. This is the most focused and creative part of the evening, where we work hard to learn how to blend the four parts; bass, bari, lead and tenor, to make the whole sound we are striving for and at the same time developing our interpretation of the words, with energy, effect and emotion.

Coffee follows and then we can all have a natter!

In the last part of the rehearsal we practise our repertoire which needs to be maintained at performance level. Having worked hard on new songs we can now relax, enjoy singing our favourite songs and look forward to sharing our barbershop music at future 'sing outs'.

CAMELFORD FLORAL SOCIETY

5 MARCH 2014

'WITH EASTER IN MIND'

Gone the glitz and glamour of Christmas, gone the continuous rain; the time for a new look. Eggs! Val and Elaine were our demonstrators. A wreath ring was the basis of the first design.



It was edged with pieces of conifer. In the middle was a mesh pot filled with tiny, shiny wrapped chocolate eggs. Egg shells, split in two and wired together, nestled into the conifer and greenery packed round. Yellow was the colour for the flowers, little spray carnations and bright chrysanthemums arranged around the ring. The finishing touch; little fluffy chicks to sit in the egg shells. It looked like a delicious cake.

The second design was very simple and used one bunch of alstroemerias, twigs and eggs. Into a large glass vase went the twigs which created the shape and a framework to hold the flowers. A few arum leaves were tucked into the top of the vase. The alstroemerias were added and the eggs wired and hung from the branches. It was simply done, but delightful.

Flower arrangers use all sorts in their designs. This next design featured two copper wire pot scrubbers and six inches of roughened rope. These were fixed in the middle of a floral foam-filled shallow glass dish. They were surrounded by short pieces of greenery and pieris tassels. Across the middle went a row of short red roses with yellow chrysanthemums each side. The effect was like a plump round cushion and lovely for a coffee table.

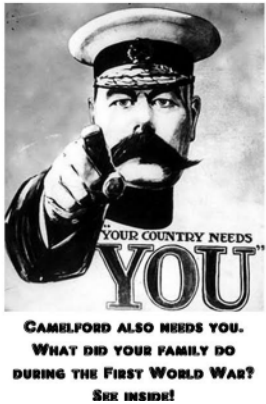
For the fourth arrangement a slim glass vase was used into which went several beech twigs and two stems of white lilies. And that was that. The simplest of arrangements, but really elegant.

Contorted willow wired together and pushed into a dark coloured bulb bowl made a framework for the next design. Tulips in shades of orange went in among the willow framework and to heighten the colour effect daffodils were added. It was truly springlike, fresh and colourful.

Tulips were the main ingredient of design number six. A small aluminium bucket was filled with floral foam. Snake grass is hollow and if you insert wire into the stems you can shape them. Pieces of snake grass were bent into angular shapes and put into the sides of the bucket, and a piece of contorted willow fixed across the top. Tropical leaves were added. Tulips stems can be gently eased into curves if left out of water for a while. Elaine gently curved the tulip stems and arranged them hanging downwards, added more leaves, some of them curled to fill the gaps.

For the last design a flower pot was filled with the floral foam and a bunch of daffodils, standing upright, went into the middle, tied round with paper covered wire. There was a circle of camellia leaves round the edge of the pot, with yellow spray carnations circling the bottom of the daffodils. The finishing touch was loops of the paper covered wire. Lots of lovely springtime arrangements for the lucky raffle winners. A delightful evening.

Next month we have a workshop evening with Elaine, on Wednesday 2 April, 7.30 pm at Camelford Hall. For details of materials required please ring Elaine on 01840 212555.



ROYAL BRITISH LEGION CAMELFORD BRANCH

Camelford Branch of the Royal British Legion is taking the mainstay of a project to commemorate the First World War by finding out what Camelford and Advent did during the period of 1914 to 1919, and is applying for a grant from the Heritage Lottery Fund to achieve this.

The project is hoped to involve the schools, individuals and as many of the local organisations including Camelford Town and Advent Parish Councils, The Town Trust, The Church of England and Methodist Churches, The Old Cornwall Society and others as are willing to help in the project.

Camelford branch of The Old Cornwall Society and others as are willing to help in the project.

We are asking organisations to delve back into their archived records to see how the Great War affected Camelford and how their organisations were either affected or how they assisted on the Home Front. We would like all the people of Camelford to research their family trees and see how they were affected. Virtually every family in Great Britain and the British Empire, as it was then known, was affected. Most families had a man that went away in the services; however many stayed home in essential work and hundreds of thousands of women "did their bit" as land girls, lumber Jills, factory workers, and even as service members.

We would like every person in Camelford and Advent to help us, even if your family did not come from here. If you have any documents or photos from that period we would be very pleased to visit you and scan them in and hopefully build up a picture of that person.

We will be putting on displays to show you all what we, with your help, uncovered. If you have any information or would like to help in any way please call me, Cameron Valentine on 01840 212524 or email me at camelfordww1@camels.plus.com.

We thank you for your future help in our project.

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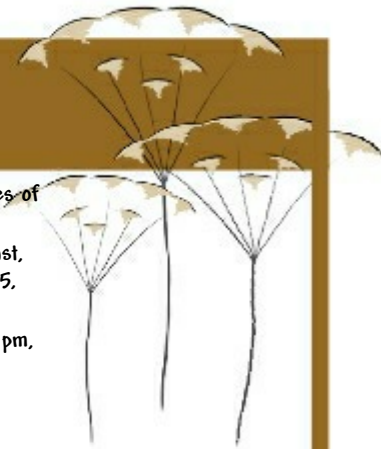
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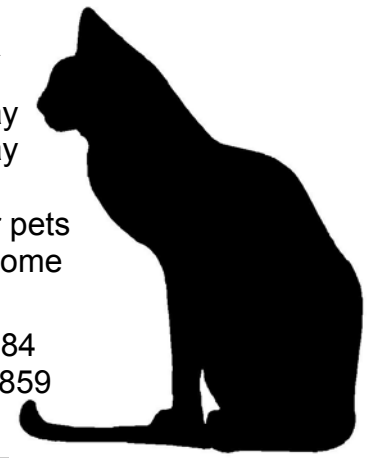
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Quiz for Christmas Lights	8.00 pm	Last Sunday	Liberal Club	01840 212572
MONDAYS				
Memory Café	2.00 pm	2nd/ 4th Monday	Anvil Court	
SAS Orchestra Rehearsals	7.15 pm	Term time only	Camelford Hall	
Old Cornwall Society	7.30 pm	Second Monday	Camelford Hall	
Camelford Women's Institute	7.00 pm	Third Monday	Camelford Hall	01840 213433
TUESDAYS				
Camelford Hall Bingo	7.00 pm	Each week	Camelford Hall	
Camelford Town Council	7.15 pm	Third Tuesday	Camelford Hall	01840 212880
WEDNESDAYS				
Katy's Keep Fit Exercise Class	9.30 am	Each week	Camelford Hall	
Disabled Club	2.00 pm	First Weds	Anvil Court	01840 212252
Floral Art Society	7.30 pm	First Weds	Camelford Hall	01840 212157
THURSDAYS				
Citizens Advice Bureau	10 - noon	Third Thursday	One Stop Shop	Drop in
Slimming World	4.30 - 9 pm	Each week	Camelford Hall	
Camelford Town Council	7.00 pm	First Thursday	College Road Office	01840 212880
Folk Dance Club	7.30 pm	Each week	St John Hall	01840 212655
Royal British Legion	8.00 pm	Second Thursday	Liberal Club	
FRIDAYS				
Bingo for Good Causes	7.30 pm	Each week	Camelford Lib Club	01841 521083
Short Mat Bowling	6.30 pm	Each week	Camelford Hall	
Camelford Town Band Practice	6.30 - 7.30 7.30 - 9.30	Juniors Seniors	Camelford Methodist Church	01840 211777



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A message from Camelford Post Office



As you may, or may not be aware – recently we have been trialling opening during lunchtimes (1pm – 2pm) on Mon, Tues, Thurs and Fri. The trial has been relatively successful and we plan to continue to open all day! We have also created a short questionnaire which we will be sending out. We would really appreciate it if you could spend the time to fill it in for us and your feedback is very important to us.

We would also like to take this time to thank you for your continued support. PLEASE USE US OR LOSE US!

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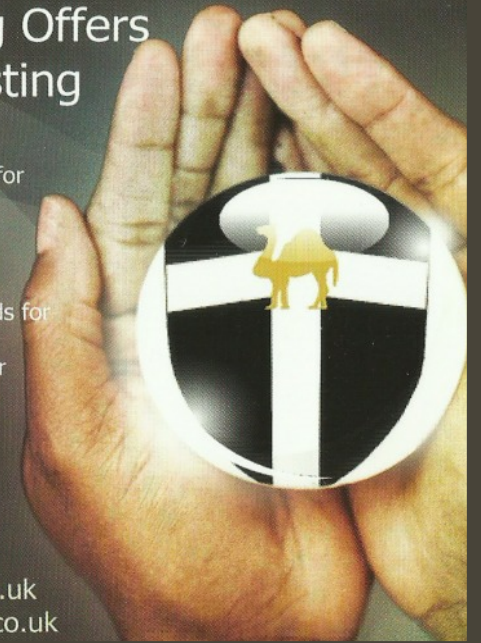
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Sam Pollard part 2

and became expert at tooth extraction after returning to England for a visit and being taught how to do this. He founded the first co-educational school in China and although all Christian schools were shut down during the Cultural Revolution a Chinese educator Wezong Wang decided to follow Sam's example and he built the Samuel Pollard Institute Miao area that Sam used to work in. (you can find an interesting video about the Institute on YouTube www.youtube.com/watch?v=_6QJmNsfzx8). [See below]



Another tribute to Sam is the naming of a massive 100,000 square foot building at the Hopkins-Nanjing Combined University Centre, 'The Samuel Pollard Building'. It was dedicated in 2007 and is the red building on the right of the picture below.



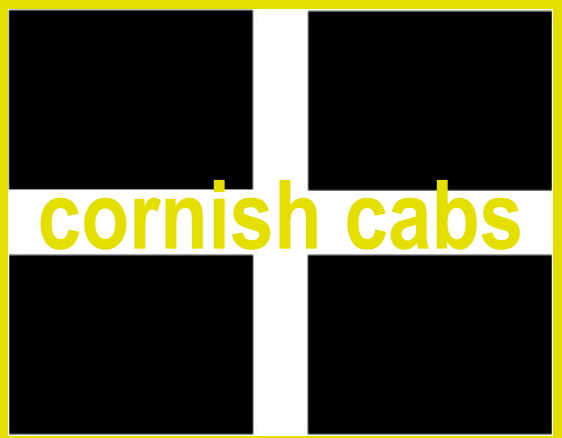
So what sort of man was Samuel Pollard? He was a deeply committed Christian and a very determined man who was passionate about helping the needy, the poor and the disadvantaged. He was fearless when it came to facing down dangerous or powerful men. People often came to him in trouble. In fact they were more likely to seek Sam's help rather than ask the local Mandarin or Feudal Lord. People came with illnesses, fears instilled by wizards, domestic arguments, suicide attempts and opium poisoning, to name a few of the everyday problems Sam coped with.

Whenever Sam was threatened with being beaten, imprisoned or even murdered he would go straight to where the threats came from and try and talk things through - often for hours until the threats were defused or withdrawn.

Sam was a talented linguist and was able to converse in A-Hmao and mandarin as well as developing the Miao Script. Above all Sam had a sense of fun and of the ridiculous and an ability to sacrifice his own needs for the sake of others. Eventually Sam's self sacrificing nature led to his death in 1915 when he caught typhoid while nursing a dying child with the same illness. The A-Hmao, big flowery Miaos still venerate Samuel Pollard as their spiritual leader. Their deep respect has survived Communism and the extremes of the Cultural Revolution right through until today. And it all started with Sam's birth in the Bible Christian Manse in Victoria Road 150 years ago in Camelford!

All of us at the Camelfordian would like to thank John Pearce for researching Sam Pollard - his life, his script and the tributes to this exceptional and fascinating man.

Articles about prominent Camelfordians are always welcome.



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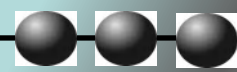
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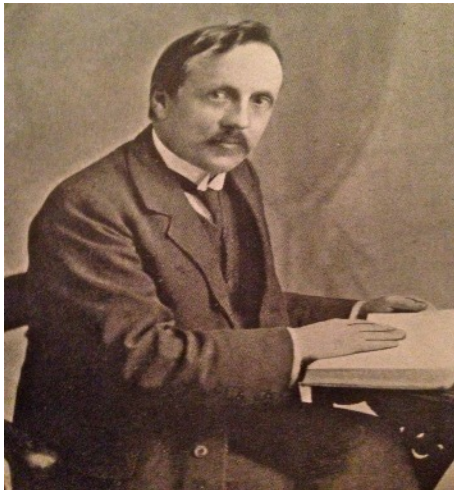
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Celebrating the 150th anniversary of the birth of Sam Pollard in Camelford
Rev Samuel Pollard 1864 - 1915

The first part of Samuel Pollard's story was printed in the March 2014 edition of the Camelfordian. This second part focuses on his work as a missionary in Yunnan and Guizhou Provinces in Southwest China - in particular with the



A-Hmoa a subgroup of the Miao people. The Miao can trace their history back some 3000 years and number about 9,000,000. Over the years they have developed into numerous separate ethnic groups with their own languages, spread across much of southern China and Southeast Asia. They have mostly resisted being overwhelmed by Chinese culture. It was among the Ahmoa ethnic group that Sam spent the last 10 years of his life. A-Hmoa translates as 'Big Flowery Miao' who number about 400,000, of which about 80% were said to be Christian. They were particularly poor and over many years had been dominated by feudal landlords mostly from the Nosu tribe many of whom were ruthless and exceptionally cruel.

Sam Pollard worked from a missionary base in Zhaotong but travelled extensively around the province of Yunnan sometimes alone but usually with other missionaries or with Christian converts. From 1897 to 1904 Sam's missionary efforts was focused on anyone who would listen. He and his colleagues held services which were often in the open air in a town centre or village market place. To gain attention he started off either banging a gong or attempting to play a concertina. Then, in order to have more effect he blew a trumpet but admitted that he had little or no musical ability. As his reputation spread there was less need for this and simply standing up in a crowded place or advertising a meeting by word of mouth was enough. Sometimes many hundreds of people would attend and occasionally up to 3000!

Sam had many dangerous and sometimes life-threatening experiences that he details in his diary and there are too many to tell here. The most dangerous was in 1907 when Sam was attacked by a group of Chinese who like many others at that time were suspicious of missionaries and foreigners. They came to the village house where he was sleeping and beat him with clubs and iron bars to an inch of his life. No bones were broken but he was unable to stand properly and so badly bruised that he had to spend a month in hospital.

In 1891 Sam married Emmie Hainge, a missionary nurse who he had met several years before at the Mission Training Centre at Ganking. They had three sons and the youngest, Ernest, eventually became a famous scientist. He graduated from Cambridge University in 1928 with a degree in physics. Later he moved to America where he worked

Samuel Pollard (continued)

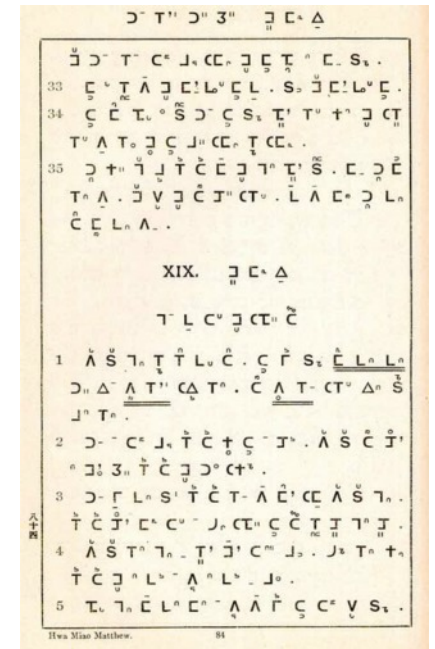
as a professor of biophysics and played an important part in the development of Radar. For this work he received the rare and great honour of a Citation of Merit from President Truman.

Remembering his time in China, Ernest said how much he disliked the extreme poverty and the superstitious nature of the Chinese where he lived - who gave more space for the graves of the dead than they provided space for the living.

Sam Pollard became renowned for his missionary work with the Big Flowery Miao people who live in a mountainous area in the province of Guizhou next to Yunnan. This started in 1904 when one day a small group of these poor and downtrodden people came to see Sam and ask him if he could come and help them and teach them about Jesus. Over the next few days more and more A-Hmoa people came and refused to return to their villages until Sam had agreed to come to them and help. Eventually Sam agreed and founded a Missionary Centre with a church, a school and a small hospital in a mountain village called Shimenkan or Stonegateway, which has since developed into a town and is a place of pilgrimage.

The work of Sam Pollard amongst the poor, downtrodden and illiterate Big Flowery Miao was formally recognised by Hu Jintao who after 10 years in office stepped down as President of the Peoples Republic of China in 2013. In 1985, Hu Jintao was chief secretary for Guizhou Province and he told his officials about the good work of Samuel Pollard in educating the poverty stricken Miao people and also developing a script so that they could become literate in their own language. He wanted his officials to follow Sam's example and look after disadvantaged people. He also ordered that Sam's grave which was smashed up during the Cultural Revolution should be reinstated.

'Pollard Script' was developed by Sam and several of his colleagues to help the A-Hmoa to read in their own language. This proved a difficult task because many of the words use different tones rather than phonetics. He took inspiration from a script that had been developed by a Methodist Missionary working with North American Indians and he also adapted Pitman's shorthand to indicate the level of the voice tones. Sam managed to translate much of the New Testament into this script before he died and there have been some improvements since, but it is still known as 'Pollard Script' and is also used by a few other ethnic groups such as those that speak Tibeto-Burman languages. [below]



During the 27 years that Sam was a missionary in mountainous South West China he travelled many thousands of miles mostly on foot and arranged for the building of more than a hundred churches, hospitals and schools in isolated villages and towns. He practiced basic medicine